

Get up to date on the measles vaccine

BISMARCK, N.D. – With the recent measles cases across the country, the North Dakota Department of Health (NDDoH) wants to make sure everyone is aware of who needs measles vaccination.

The Centers for Disease Control and Prevention (CDC) considers you protected from measles if you have records showing at least **one** of the following:

- You received **two** doses of measles-containing vaccine and you are a(n) —
 - school-aged child (grades Kindergarten-12th grade)
 - adult who will be in a setting that poses a high risk for measles transmission, including students at post-high school education institutions, health care personnel, and international travelers.
- You received **one** dose of measles-containing vaccine, and you are a(n) —
 - preschool-aged child
 - adult (born in 1957 or later) who will not be in a high-risk setting for measles transmission.
- Laboratory confirmation that you had measles at some point in your life.
- Laboratory confirmation that you are immune to measles.
- You were born before 1957.

For international travelers, CDC considers you protected from measles if you have written documentation (records) showing at least **one** of the following:

- You received **one** dose of measles-containing vaccine, and are an infant aged 6–11 months
- You received **two** doses of measles-containing vaccine, and are a person 12 months or older
- Laboratory confirmation that you had measles at some point in your life.
- Laboratory confirmation that you are immune to measles.
- You were born before 1957.

The North Dakota Immunization Information System (NDIIS) includes immunization records for children and adults who were vaccinated in North Dakota. The NDIIS was

started in the mid 1990's, so immunizations administered prior to that may not be available. You can request a copy of your NDIIS record at your health care provider's office, your local public health unit, or from the NDDoH at www.ndhealth.gov/Immunize/Public/ImmRecord.aspx. If your record is not in the NDIIS, you will have to contact your health care provider and/or parent to obtain your record. Some adults may be unable to find their immunization records. Individuals without an immunization record should be vaccinated or tested for immunity to measles.

For more information on the measles vaccine and if you are up to date, contact Jenny Galbraith, NDDoH, at 701.328.2335, or visit our website at www.ndhealth.gov/immunize.

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For More Information Contact:

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