

NEWS RELEASE

For Immediate Release:
May 17, 2016

For More Information, Contact:
Tiffany Knauf
Hypertension Management Coordinator
Phone: 701.328.2333
E-mail: tknauf@nd.gov

World Hypertension Day: Health Leaders Urge North Dakotans to Check, Change, and Control High Blood Pressure



Pictured are Terry Dwelle, MD, MPHTM, State Health Officer, NDDoH; Donald Warne, MD, MPH, Oglala Lakota, Chair, Department of Public Health, College of Health Professions, NDSU; and Joshua Wynne, MD, MBA, MPH, Vice President for Health Affairs and Dean of the UND School of Medicine and Health Sciences.

600 E. Boulevard Ave. Dept. 301, Bismarck, North Dakota 58505-0200
Phone: 701.328.2372 Fax: 701.328.4727 E-mail: health@nd.gov

Visit the health department home page at www.ndhealth.gov.

BISMARCK, N.D. – In recognition of World Hypertension Day, Tuesday, May 17, representatives from the North Dakota Department of Health (NDDoH) North Dakota State University (NDSU), and University of North Dakota (UND) School of Medicine and Health Sciences held a news conference at the Alerus Center in Grand Forks to highlight the importance of regular blood pressure screening in North Dakota. Home and clinical blood pressure monitoring was demonstrated. This simple procedure can reduce premature death and may stop heart disease from progressing.

The news conference was broadcast live in Twitter and Periscope @NDDoH. The public will be able to view the conference until Wednesday, May 18, at 1 p.m. (Twitter takes down their recording after 24 hours have past.)

North Dakotans are encouraged to take the first step by planning to get their blood pressure checked at a local public health unit, neighborhood pharmacy, your next doctor appointment, in a screening at work, at the mall, or on a home blood pressure monitor. Hypertension can be addressed with lifestyle *changes* that make a difference to prevent and *control* hypertension.

For more information about hypertension control, visit <https://heartstroke.health.nd.gov> or contact Tiffany Knauf at 701.328.2333.

– 30 –

Please note: To access archived news releases and other information, visit the North Dakota Department of Health Press Room at <https://health.nd.gov/news-media/news-releases>.

Find us on Facebook at www.facebook.com/ndhealth or twitter at twitter.com/nddoh.